



Key Facts		Social and Emotional Skills	
<ul style="list-style-type: none"><li>Relationships are an important part of our lives, and they can take many different forms, such as family, friends, teachers, and peers.</li><li>Positive relationship qualities include trust, respect, kindness, honesty, and loyalty.<ul style="list-style-type: none"><li>Respecting boundaries and personal space is important in all relationships.</li></ul></li><li>Emotions play a significant role in relationships, and it's important to learn how to recognize and express them appropriately.</li><li>Conflict can arise in relationships, but there are strategies to resolve conflicts in a positive way, such as compromising and finding solutions that work for everyone involved.</li><li>Online safety is important when communicating with others online, and children need to learn how to stay safe and protect their personal information.</li><li>Social skills, such as making and keeping friends, showing kindness and respect to others, and participating in group activities, are essential for healthy relationships.</li><li>Celebrating differences and diversity in relationships helps promote a positive and inclusive environment.</li></ul>		<div><ul style="list-style-type: none"><li>Communication skills</li><li>Conflict resolution skills</li><li>Self-awareness and self-reflection skills</li><li>Empathy and compassion skills</li><li>Online safety skills</li><li>Social skills</li></ul></div> <div><ul style="list-style-type: none"><li>Types of relationships</li><li>Positive relationship qualities</li><li>Respecting boundaries</li><li>Emotions</li><li>Celebrating differences</li><li>Conflict resolution strategies</li></ul></div>	
Key Learning:		Prior Learning:	Books to support
<ul style="list-style-type: none"><li>Understand the different types of relationships in their lives and what makes a positive relationship</li><li>Develop communication skills, including listening, speaking, and expressing oneself respectfully</li><li>Learn about different emotions and how to express them appropriately in relationships<ul style="list-style-type: none"><li>Develop conflict resolution skills, including compromising and finding solutions that work for everyone involved</li></ul></li><li>Understand the importance of respecting boundaries and personal space in relationships<ul style="list-style-type: none"><li>Learn about online safety and how to stay safe when communicating online</li><li>Develop social skills, such as making and keeping friends, showing kindness and respect to others, and participating in group activities</li></ul></li><li>Celebrate differences and appreciate diversity in relationships.</li></ul>		<ul style="list-style-type: none"><li>Listening, speaking, and taking turns in conversation, and playing cooperatively with others.</li><li>Basic emotion recognition and expression skills, such as recognizing and labelling basic emotions like happy, sad, and angry.</li><li>Importance of kindness and respect towards others, and the value of sharing and taking turns.</li></ul>	<p><a href="https://www.childnet.com/resources/online-safety-activities-for-early-years-and-primary-school">https://www.childnet.com/resources/online-safety-activities-for-early-years-and-primary-school</a></p> <p><a href="https://www.bbc.co.uk/bitesize/topics/zkfycdm/resources/1">https://www.bbc.co.uk/bitesize/topics/zkfycdm/resources/1</a></p> <p><a href="https://www.nspcc.org.uk/keeping-children-safe/online-safety/">https://www.nspcc.org.uk/keeping-children-safe/online-safety/</a></p> <p><a href="https://www.elsa-support.co.uk/category/free-resources/communication/">https://www.elsa-support.co.uk/category/free-resources/communication/</a></p> <p><a href="https://www.twinkl.co.uk/resources/relationships-early-years">https://www.twinkl.co.uk/resources/relationships-early-years</a></p>

Subject Specific Vocabulary	
Key word	Definition
Boundaries	the limits that define a person's physical and emotional space, and what they are comfortable with in a relationship.
Compromise	an agreement or settlement of a dispute that is reached by each side making concessions.
Conflict	a serious disagreement or argument between two or more people or groups.
Diversity	the state of being different or diverse; variety.
Emotions	a natural instinctive state of mind deriving from one's circumstances, mood, or relationships with others.
Friendship	relationship between two people based on mutual trust, affection, and support.
Kindness	the quality of being friendly, generous, and considerate towards others.
Online safety	the practice of protecting personal information and privacy online, and avoiding potential risks and dangers associated with online communication.
Personal space	the physical space surrounding a person that they consider their own.
Relationship	the way in which two or more people or things are connected or interact with each other.
Respect	a feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements, and the willingness to show consideration and appreciation towards them.
Trust	a firm belief in the reliability, truth, or ability of someone or something.