



Key Facts	Social and Emotional Skills	
<ul style="list-style-type: none"> • Know that there are correct names for private body parts and nicknames, and when to use them • Know which parts of the body are private and that they belong to that person and that nobody has the right to hurt these • Know who to ask for help if they are worried or frightened • Know that animals including humans have a life cycle • Know that changes happen when we grow up • Know that people grow up at different rates and that is normal <ul style="list-style-type: none"> • Know that learning brings about change 	<ul style="list-style-type: none"> • Understand and accepts that change is a natural part of getting older • Can identify some things that have changed and some things that have stayed the same since being a baby (including the body) • Can express why they enjoy learning • Can suggest ways to manage change e.g. moving to a new class 	
Key Learning:	Prior Learning:	Books to support
<ul style="list-style-type: none"> • What is a life cycle? <ul style="list-style-type: none"> • How will you change as you grow up? • Who is the tallest / smallest in your class? <ul style="list-style-type: none"> • Which parts of your body are private? • Who is allowed to see your private body parts? • What should you do if you don't like the way someone is touching you? • Who can you talk to if you ever feel worried or frightened? (at school / at home) <ul style="list-style-type: none"> • What is the best part about being your age 	<div data-bbox="949 991 1406 1217"> <ul style="list-style-type: none"> • Communication skills • Conflict resolution skills • Self-awareness and self-reflection skills • Empathy and compassion skills • Online safety skills • Social skills </div> <div data-bbox="949 1233 1397 1492"> <ul style="list-style-type: none"> • Types of relationships • Positive relationship qualities • Respecting boundaries • Emotions • Celebrating differences • Conflict resolution strategies </div>	<div data-bbox="1543 1016 1856 1348"> </div> <div data-bbox="1856 1034 2161 1313"> </div> <p>Transition days to next class Hand up meetings by staff</p>

Subject Specific Vocabulary	
Key word	Definition
Adulthood	The stage of development in which a person has reached physical and mental maturity.
Anus	The opening at the end of the digestive tract through which waste materials are eliminated from the body.
Anxious	Feeling worried, nervous, or uneasy about something that may happen.
Coping	The act of dealing with a difficult or challenging situation or emotion in a way that helps manage it effectively.
Female	A person or animal that has female reproductive organs.
Grown-up	A term used to describe an adult, especially one who is responsible and mature.
Learn	To acquire knowledge or skills through study, experience, or being taught.
Life cycles	The series of changes that living things go through from birth to death.
Male	A person or animal that has male reproductive organs.
Mature	Fully developed physically, mentally, and emotionally.
Penis	The male reproductive organ that is used for reproduction and urination.
Testicles	The male reproductive glands that produce sperm and testosterone.
Vagina	The female reproductive organ that connects the uterus to the outside of the body.