



Key Facts		Social and Emotional Skills	
<p>Know that everyone's family is different</p> <ul style="list-style-type: none">• Know that families function well when there is trust, respect, care, love and co-operation• Know that there are lots of forms of physical contact within a family<ul style="list-style-type: none">• Know how to stay stop if someone is hurting them• Know some reasons why friends have conflicts• Know that friendships have ups and downs and sometimes change with time• Know how to use the Mending Friendships or Solve-it-together problem-solving methods• Know there are good secrets and worry secrets and why it is important to share worry secrets<ul style="list-style-type: none">• Know what trust is		<p>Can identify the different roles and responsibilities in their family</p> <ul style="list-style-type: none">• Can recognise the value that families can bring• Can recognise and talk about the types of physical contact that is acceptable or unacceptable• Can use positive problem-solving techniques (Mending Friendships or Solve-it-together) to resolve a friendship conflict• Can identify the negative feelings associated with keeping a worry secret<ul style="list-style-type: none">• Can identify the feelings associated with trust• Can identify who they trust in their own relationships• Can give and receive compliments• Can say who they would go to for help if they were worried or scared	
Key Learning:		Prior Learning:	Books to support
<p>Learning about family relationships widens to include roles and responsibilities in a family and the importance of co-operation, appreciation and trust. Friendships are also revisited with a focus on falling out and mending friendships. This becomes more formalised and the children learn and practise two different strategies for conflict resolution (Solve-it-together and Mending Friendships). Children consider the importance of trust in relationships and what this feels like. They also learn about two types of secret, and why 'worry secrets' should always be shared with a trusted adult. Children reflect upon different types of physical contact in relationships, which are acceptable and which ones are not. They practise strategies for being assertive when someone is hurting them or being unkind. The children also discuss people who can help them if they are worried or scared.</p>		<p>Know that everyone's family is different • Know that there are lots of different types of families • Know that families are founded on belonging, love and care • Know how to make a friend • Know the characteristics of healthy and safe friends • Know that physical contact can be used as a greeting • Know about the different people in the school community and how they help • Know who to ask for help in the school community</p>	

Subject Specific Vocabulary	
Key word	Definition
Physical contact	Touching someone
Communication	showing your feelings by talking or pictures
Acceptable	Allowed
Not acceptable	Not allowed
Worry secret	A secret that makes you feel bad inside
Trustworthy	Someone safe you can talk to