



Key Facts	Social and Emotional Skills	
<p>Know that life cycles exist in nature</p> <ul style="list-style-type: none"><li>• Know that aging is a natural process including old-age</li><li>• Know that some changes are out of an individual's control</li><li>• Know how their bodies have changed from when they were a baby and that they will continue to change as they age</li><li>• Know the physical differences between male and female bodies • Know the correct names for private body parts</li><li>• Know that private body parts are special and that no one has the right to hurt these</li><li>• Know who to ask for help if they are worried or frightened</li><li>• Know there are different types of touch and that some are acceptable and some are unacceptable</li></ul>	<p>Can appreciate that changes will happen and that some can be controlled and others not</p> <ul style="list-style-type: none"><li>• Be able to express how they feel about changes</li><li>• Show appreciation for people who are older</li></ul> <ul style="list-style-type: none"><li>• Can recognise the independence and responsibilities they have now compared to being a baby or toddler</li><li>• Can say what greater responsibilities and freedoms they may have in the future<ul style="list-style-type: none"><li>• Can say who they would go to for help if worried or scared</li></ul></li><li>• Can say what types of touch they find comfortable/ uncomfortable</li><li>• Be able to confidently ask someone to stop if they are being hurt or frightened<ul style="list-style-type: none"><li>• Can say what they are looking forward to in the next year</li></ul></li></ul>	
Key Learning:	Prior Learning:	Books to support
<p>In this Puzzle children look at different life cycles in nature including that of humans. They reflect on the changes that occur (not including puberty) between baby, toddler, child, teenager, adult and old-age. Within this, children also discuss how independence, freedoms and responsibility can increase with age. As part of a school's safeguarding duty, pupils are re-taught the correct words for private parts of the body (those kept private by underwear: vagina, anus, penis, testicle, vulva). They are also reminded that nobody has the right to hurt these parts of the body, including a lesson on inappropriate touch and assertiveness. Children practise a range of strategies for managing feelings and emotions. They are also taught where they can get help if worried or frightened. Change is taught as a natural and normal part of growing up and the range of emotions that can occur with change are explored and discussed.</p>	<p>Know that animals including humans have a life cycle • Know that changes happen when we grow up • Know that people grow up at different rates and that is normal • Know the names of male and female private body parts • Know that there are correct names for private body parts and nicknames, and when to use them • Know which parts of the body are private and that they belong to that person and that nobody has the right to hurt these • Know who to ask for help if they are worried or frightened • Know that learning brings about change</p>	



Subject Specific Vocabulary	
Key word	Definition
Appearance	what you look like
Baby	Infant
Toddler	A young child just beginning to walk
Child	A young human, not yet an adult
Teenager	A person between 13-19
Male	A man or boy
Female	A woman or girl
Vagina	Inside private part of female body
Vulva	Outside private part of female body
Penis	Outside private body part that men pass wee through
Testicles	Outside private body part that makes sperm
Anus	the opening where a body gets rid of waste
Private	To be kept to yourself