



Key Facts	Social and Emotional Skills	
<ul style="list-style-type: none"> • Personal characteristics are inherited from birth parents and this is brought about by an ovum joining with a sperm • Babies are made by a sperm joining with an ovum • Names of the different internal and external body parts that are needed to make a baby • How the female and male body change at puberty • Change can bring about a range of different emotions • Personal hygiene is important during puberty and as an adult • Change is a normal part of life and that some cannot be controlled and have to be accepted 	<ul style="list-style-type: none"> • Can appreciate their own uniqueness and that of others • Can express how they feel about having children when they are grown up • Can express any concerns they have about puberty • Can say who they can talk to about puberty if they are worried • Can apply the circle of change model to themselves to have strategies for managing change • Have strategies for managing the emotions relating to change 	
Key Learning:	Prior Learning:	Books to support
<ul style="list-style-type: none"> • To know that personal characteristics are inherited from birth parents and this is brought about by an ovum joining with a sperm • To know that babies are made by a sperm joining with an ovum • To know the names of the different internal and external body parts that are needed to make a baby • To know how the female and male body change at puberty • To know that personal hygiene is important during puberty and as an adult • To know that change is a normal part of life and that some cannot be controlled and have to be accepted • To know that change can bring about a range of different emotions 	<ul style="list-style-type: none"> • Know that the male and female body needs to change at puberty so their bodies can make babies when they are adults • Know some of the outside body changes that happen during puberty • Know some of the changes on the inside that happen during puberty • Know that in animals and humans lots of changes happen between conception and growing up • Know that in nature it is usually the female that carries the baby • Know that in humans a mother carries the baby in her uterus (womb) and this is where it develops • Know that babies need love and care from their parents/carers • Know some of the changes that happen between being a baby and a child 	

Subject Specific Vocabulary

Key word	Definition
Personal	belonging to or affecting a particular person rather than anyone else.
Characteristics	a feature or quality belonging typically to a person, place, or thing and serving to identify them.
Sperm	a cell which is produced in the sex organs of a male
Egg/Ovum	a mature female reproductive cell
Penis	the male genital organ
Testicles	either of the two oval organs that produce sperm in a male
Vagina/Vulva	is the outer part of the female genitals.
Womb/Uterus	the organ in the lower body of a woman or female mammal where offspring are conceived and in which they gestate before birth.
Ovaries	a female reproductive organ in which ova or eggs are produced
Puberty	the period during which adolescents reach sexual maturity and become capable of reproduction.
Menstruation	the process in a woman of discharging blood and other material from the lining of the uterus at intervals of about one lunar month from puberty until the menopause, except during pregnancy.