

Year 4 - PSHE Sum 1 Relationships

Key Facts	Social and Emotional Skills	
<ul> <li>Some reasons why people feel jealousy</li> <li>Loss is a normal part of relationships</li> <li>Negative feelings are a normal part of loss</li> <li>Sometimes it is better for a friendship/relationship to end if it is causing negative feelings or is unsafe</li> <li>Jealousy can be damaging to relationships</li> <li>Memories can support us when we lose a special person or animal</li> </ul>	<ul> <li>Can identify feelings and emotions that accompany jealousy</li> <li>Can suggest positive strategies for managing jealousy</li> <li>Can identify people who are special to them and express why</li> <li>Can identify the feelings and emotions that accompany loss</li> <li>Can suggest strategies for managing loss</li> <li>Can tell you about someone they no longer see</li> <li>Can suggest ways to manage relationship changes including how to negotiate</li> </ul>	
Key Learning:	Prior Learning:	Books to support
<ul> <li>To know some reasons why people feel jealousy</li> <li>To know that jealousy can be damaging to relationships</li> <li>To know that loss is a normal part of relationships</li> <li>To know that negative feelings are a normal part of loss</li> <li>To know that memories can support us when we lose a special person or animal</li> <li>To know that change is a natural part of relationships/friendship</li> <li>To know that sometimes it is better for a friendship/relationship to end if it is causing negative feelings or is unsafe</li> </ul>	<ul> <li>Know that different family members carry out different roles or have different responsibilities within the family</li> <li>Know some of the skills of friendship, e.g. taking turns, being a good listener</li> <li>Know some strategies for keeping themselves safe online</li> <li>Know that they and all children have rights (UNCRC)</li> <li>Know that gender stereotypes can be unfair, e.g. Mum is always the carer, Dad always goes to work etc</li> <li>Know how some of the actions and work of people around the world help and influence my life</li> <li>Know the lives of children around the world can be different from their own</li> </ul>	Memory Tree  BADGERS PARTING GIFTS  15T ANNIVERSART EDITION  THE FRIENDSHIP BENCH

Subject Specific Vocabulary		
Key word	Definition	
Jealous	Feeling or showing an envious resentment of someone or their achievements, possessions, or perceived advantages.	
Emotions	A strong feeling deriving from one's circumstances, mood, or relationships with others.	
Positive	A good feeling, effect or action	
Negative	Is a bad feeling effect or action	
Loss	The fact or process of losing something or someone.	
Denial	Refusing to admit the truth or reality of something unpleasant	
Souvenir	A thing that is kept as a reminder of a person, place, or event.	
Memorial	A statue or structure established to remind people of a person or event.	
Empathy	The ability to understand and share the feelings of another.	
Betrayal	The act of not being loyal when other people believe you are loyal	
Amicable	Characterized by friendliness and absence of discord.	