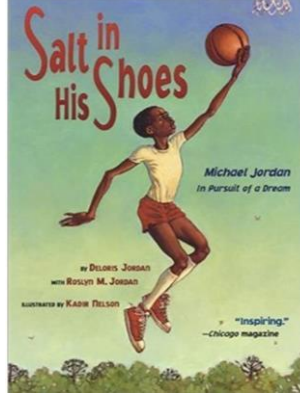
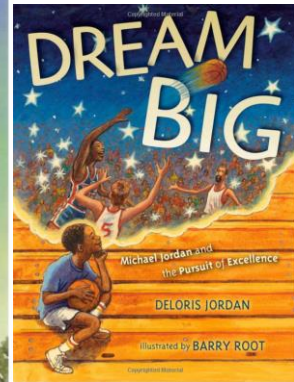




Key Facts		Social and Emotional Skills	
<ul style="list-style-type: none"> • Making a new plan and setting new goals, even if they have been disappointed, helps to focus on what is important • Working as part of a successful group helps to achieve goals • Share in the success of a group, supports your own learning • Having hopes and dreams are important but that hopes and dreams don't always come true • Reflecting on positive and happy experiences can help them to counteract disappointment • Working out the steps they need to take to achieve a goal 		<ul style="list-style-type: none"> • Can talk about their hopes and dreams and the feelings associated with these • Can identify the feeling of disappointment • Can identify a time when they have felt disappointed • Be able to cope with disappointment • Help others to cope with disappointment • Can identify what resilience is • Have a positive attitude • Enjoy being part of a group challenge • Can share their success with others • Can store feelings of success (in their internal treasure chest) to be used at another time 	
Key Learning:	Prior Learning:	Books to support	
<ul style="list-style-type: none"> • To know what our own hopes and dreams are • To know that hopes and dreams don't always come true • To know that reflecting on positive and happy experiences can help them to counteract disappointment • To know how to make a new plan and set new goals even if there was disappointment • To know how to work out the steps to take to achieve a goal • To know how to work as part of a successful group • To know how to share in the success of a group 	<ul style="list-style-type: none"> • Know that they are responsible for their own learning • Know what an obstacle is and how they can hinder achievement • Know how to take steps to overcome obstacles • Know what dreams and ambitions are important to them • Know about specific people who have overcome difficult challenges to achieve success • Know how they can best overcome learning challenges • Know what their own strengths are as a learner • Know how to evaluate their own learning progress and identify how it can be better next time 	 	

Subject Specific Vocabulary

Key word	Definition
Dream	A cherished aspiration, ambition, or ideal.
Hope	A feeling of expectation and desire for a particular thing to happen.
Goal	The object of a person's ambition or effort; an aim or desired result.
Determination	The quality of being determined; firmness of purpose.
Perseverance	Doing something despite difficulty or delay in achieving success
Resilience	The capacity to recover quickly from difficulties; toughness.
Disappointment	Sadness or displeasure caused by the non-fulfilment of one's hopes or expectations.
Commitment	The state or quality of being dedicated to a cause, activity, etc.
Self-belief	Is confidence in your own abilities or judgment.
Cope	Deal effectively with something difficult.
Evaluate	Form an idea of the amount, number, or value of; assess.