

Year 3 PSHE Summer 2

Topic: Changing Me

Key Facts	Social and Emotional Skills		
 In nature it is usually the female who has the baby and looks after it whilst it is very young, but often the males (dads) have an important role to play too, e.g. for humans, penguins etc. A baby needs love and affection as well as physical needs such as milk, nappies, clothes, cot, teddy, etc. Puberty refers to the collection of changes that will gradually change bodies from a child's body into an adult's body. Body changes happen at a different time and pace for each person because our bodies are all unique. 	 I can express how I feel when I see babies or baby animals I can express how I might feel if I had a new baby in my family I recognise how I feel about these changes happening to me and know how to cope with those feelings I recognise how I feel about these changes happening to me and know how to cope with these feelings I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes I can start to think about changes I will make next year and know how to go about this 		
Key Learning:	Prior Learning:	Books to support	
 I understand that in animals and humans lots of changes happen from birth to fully grown, and that usually it is the female who has the baby I understand how babies grow and develop in the mother's uterus I understand what a baby needs to live and grow I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies I can identify how boys' and girls' bodies change on the outside during this growing up process I can identify how boys' and girls' bodies change on the inside during the growing up process 	 In Year 2, Changing me, children: Can understand life cycles Talk about natural processes from being young to growing old; Recognised that my body has changed from being a baby and will continue to change. Recognise physical differences between boys and girls and use correct terminology. Understand there are different types of touch. 	CHANGING A GIRL'S GUIDE TO GROWING A BOY'S GUIDE TO GROWING Antiu Guneri Antiu Guneri	

Subject Specific Vocabulary			
Key word	Definition		
Puberty	Development when a child's body develops into an adult body		
Testicles	Two oval shaped organs on a male that make and store sperm		
Sperm	Male reproductive cells		
Penis	Male organ that transfers sperm		
Ovaries	Organ/s in a		
	woman's body that produce eggs		
Egg / Ovum	Female reproductive cells		
Womb / Uterus	The organ in the body of a		
	woman in which		
	a baby develops before birth		
Vagina	The part of a		
	woman's body that connects the		
	outside to her uterus		
Breasts	Two organs on the front of		
	women that produce milk after child birth		