

Year — One Subject — PSHE Topic — Dreams and Goals

Key Facts	Social and Emotional Skills	
<ul> <li>Know how to set simple goals</li> <li>Know how to achieve a goal</li> <li>Know how to work well with a partner</li> <li>Know that tackling a challenge can stretch my learning</li> <li>Know how to identify obstacles which make achieving my goals difficult and work out how to overcome them</li> <li>Know when a goal has been achieved</li> </ul>	<ul> <li>Recognise things that I do well</li> <li>Explain how I learn best</li> <li>Celebrate an achievement with a</li> <li>Recognise my own feelings when</li> <li>Recognise my own feelings when</li> <li>Recognise how I feel when they of</li> <li>Can store feelings of success so the</li> </ul>	faced with a challenge they are faced with an obstacle
Key Learning:	Prior Learning:	Books to support
<ul> <li>I can tell you about a thing I do well</li> <li>I can tell you how I learn best</li> <li>I can celebrate achievement with my partner</li> <li>I can tell you how I feel when I am faced with a new challenge</li> <li>I can explain how I feel when I face obstacles and how I feel when I overcome them</li> <li>I know how to store the feelings of success in my internal treasure chest</li> </ul>	<ul> <li>Know that people have differences and similarities</li> <li>Know what bullying means</li> <li>Know who to tell if they or someone else is being bullied or is feeling unhappy</li> <li>Know skills to make friendships</li> <li>Know that people are unique and that it is OK to be different</li> </ul>	FITA NAME SEAR THAT SEARCH SEA

Subject Specific Vocabulary		
Key word	Definition	
Achievement	Something achieved through hard work, courage, or skill.	
Celebrate	To make special or honour with gifts, parties, or activities.	
Challenge	An interesting or difficult problem or task.	
Dreams	A strong hope or goal.	
Feelings	An awareness, an emotion or general sensation of something.	
Goal	A result or end that a person wants and works for; aim or purpose.	
Obstacle	Something that stops forward movement or progress.	
Overcome	To win against or defeat; to get over or past.	
Process	A series of actions used to produce something or reach a goal.	
Proud	Feeling pleased, satisfied, and worthy because of something one owns or has done.	
Success	The reaching of something desired or intended.	