

Year - One Subject PSHE Topic - Superheroes — Being me in my own world

Key Facts	Social and Emotional Skills	
 Members of a class have rights and responsibilities Our views are important Our choices have consequences We have rights and responsibilities within our classroom 	Being Me In My World Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities Understand that we are safe in their class Identifying helpful behaviours to make the class a safe place Identify what it's like to feel proud of an achievement Recognise feelings associated with positive and negative consequences Understand that we have choices	
Key Learning:	Prior Learning:	Books to support
 I like being in my class because I have friends I am a good friend My class is happy and safe because we have a Learning Charter to help us, and we have kind teachers. I make the class happy because I am kind to other people. My teacher makes the class safe by looking after us. It isn't fair when people are unkind to each other because it stops them from working. We all have a right to learn. Our Learning Charter helps everyone make the right choices and be responsible. 	 I understand how it feels to belong and that we are similar and different I can start to recognise and manage my feelings I enjoy working with others to make school a good place to be I understand why it is good to be kind and use gentle hands I am starting to understand children's rights and this means we should all be allowed to learn and play I am learning what being responsible means 	I Can Share I Can Be a Friend I Can Be a Friend I Can Listen I Can Take Turns

Subject Specific Vocabulary		
Key word	Definition	
Safe	Not in danger	
Special	Different from other people or things	
Calm	Not showing worry or excitement	
Belonging	Being happy or comfortable in part of a group	
Rights	Being allowed to do something	
Responsibilities	Something that you have to do	
Rewards	Something you are given because you have done something good	
Proud	Being pleased about something you have achieved	
Consequences	The result of something which you have done	
Upset	Unhappy, worried, disappointed	
Disappointed	Sad because something or someone has let you down	