

Year One Subject DT Topic — Food / plants

Key Facts Designers/styles

- Some foods come from plants that we grow.
- Fruit and vegetables come from plants. Hummus is made from chickpeas which is a type of bean which grows from a plant.
- We should aim to eat 5 portions of fruit and vegetables every day. Some food comes from animals; Ham comes from pigs, Cheese is made from cow's milk.
- Wash hands and remove watches, tie hair back, roll sleeves up, put apron on, wash surfaces before and after use
- Safety is important when using sharp objects

Safe Cutting techniques











fork secure



	Food proc	essing equipment	
Utensil	food	effect	mouth feel
juicer	orange	makes juice	liquid
peeler	apple	unpeeled apple	crunchy
knife	carrot	thin rings	crispy hard

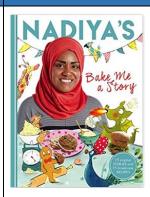
Key Learning:

- What sort of product shall I make?
 - Who will it be for?
- Which food will I put into my product?
- Will my product appeal to my intended user?
 - How will I process my food?
- How will different food processes create different effects?
 - What tools and food processing skills will I use?
 - What order will I work in?
 - How will I present my food?
 - Do I need to adjust or change anything?
 - Will my food product meet the needs of the user and achieve its purpose?

Prior Learning:

- I learnt to develop my own ideas and decide which materials I would use.
- I planted seeds and cared for plants.
- I learnt to understand why we need to wash our hands and manage this myself.

Books for support/ Enrichment Opportunities:



- Visit to Lovania nurseries
- Observe Janet in the school kitchen
- Plan a snack to be served at lunchtime

Subject Specific Vocabulary			
Key word	Definition		
design	To generate, develop and communicate ideas for a product		
evaluate	To judge how a product meets chosen criteria		
fork secure	Makes food stable and ensures fingers are out of the way		
fruit	Comes from a plant and is sweet. It contains seeds.		
hygiene	Ways of keeping clean to stay healthy and prevent illness through germs.		
meat	Meat comes from animals for food.		
salad	Raw fruit or vegetables are chopped and mixed together.		
sandwich	Bread with a filling inside. Different types of bread can be used		
the bridge	Ensures fingers are out of the way		
the claw	Ensures finger tips are out of the way		
vegetable	A plant or part of a plant that you can eat.		
product	The object that is to be designed, made and evaluated		
purpose	The reason for the product — e.g. to be eaten		
user	The person or group of people who will use the product — e.g. children		